

# October 2016

## BREAKFAST

Sun	Mon	Tue	Wed	Thu	Fri	Sat					
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2	French toast sticks Or w/g cereal Fresh grapes	3	Oatmeal bk round Or Yogurt cup w/g cereal Strawberries/bananas	4	Bagel/w toppings Or w/g cereal Fresh apple	5	Bk pizza Or w/g cereal Sliced peaches	6	7	NO SCHOOL	8
9	w/g cereal String cheese Fresh orange	10	Pancake on a stick Or w/g cereal Fruit cocktail	11	Biscuit/gravy Or w/g cereal Fresh banana	12	Sausage bk sand Or w/g cereal Pineapple chunks	13	14	NO SCHOOL	15
16	Mini waffles Or w/g cereal pineapple	17	Star spangled Pancakes or w/g cereal Tropical fruit	18	Bagel/toppings Or w/g cereal strawberries	19	Cinnamon roll Or w/g cereal Mandarin oranges	20	21	NO SCHOOL	22
23	w/g cereal Yogurt cup Fresh apple	24	Biscuit/gravy Or w/g cereal Pineapple chunks	25	Coffeecake Or w/g cereal Fruit cup	26	French toast sticks Or w/g cereal Fruit cocktail	27	28	NO SCHOOL	29
30	Cinnamon roll Or w/g cereal Fresh banana	31									